

# WHAT TYPE OF LEARNER IS YOUR CHILD?

By knowing your child's learning style, you can choose study methods that complement his or her strengths. If your child falls into more than one category, try a few different methods and see which works best.



*Check all of the boxes that apply to find out what type of learner your child is.*



## IS YOUR CHILD A VISUAL LEARNER?

- My child excels at visual activities (such as art)
- My child enjoys books that include illustrations (such as pictures, graphs, maps, etc.)
- My child is good at recognizing and recalling people, words, and places
- My child is very interested in the world and objects around him or her
- My child does best when provided an example of the task he or she is working on

### Tips For Visual Learners

- Use different colors to create study notes
- Make study flashcards to use for review
- Create mind maps, charts, and diagrams when studying



## IS YOUR CHILD AN AUDITORY LEARNER?

- My child excels at auditory activities (such as music)
- My child frequently sings, hums, or talks when playing or doing schoolwork
- My child does well when following verbal instructions
- My child enjoys talking and having conversations with others
- My child listens to all the instructions before starting on a task
- My child asks a lot of questions when working on tasks or activities

### Tips For Auditory Learners

- Recite study notes out loud
- Make up rhymes, songs, or stories when studying
- Talk through areas your child is struggling with



## IS YOUR CHILD A READING/WRITING LEARNER?

- My child often writes things down or takes notes when working on a task
- My child enjoys reading books and writing stories
- My child is good at remembering what he or she has read
- My child works best alone in a quiet space
- My child does best when writing down instructions to follow for a task

### Tips For Reading/Writing Learners

- Write study notes out by hand
- Create checklists to guide studying
- Organize study notes using headings and lists



## IS YOUR CHILD A KINESTHETIC LEARNER?

- My child excels at physical activities (such as sports)
- My child has a hard time sitting still while learning
- My child enjoys hands-on activities
- My child enjoys active learning activities like drawing or study games
- My child prefers to jump straight into a task and get started

### Tips For Kinesthetic Learners

- Create practice tests to use while studying
- Turn studying into a fun activity or game
- Squeeze a stress ball while studying